

## Year 8 Girls Sport Roster

All of Year 8 will be participating in the OSSA Lifesaving program.

<b>OSSA Outline</b>		
<b>Week</b>	<b>When/Where</b>	<b>Students</b>
2	Meet in the theatre for OSSA theory	Bring pen, device
3	Meet in the bus bay at half lunch, to go to the Sawtell pool to complete your swim trial. Based on the swim, you will be placed at either Sawtell or Park Beach for the remaining OSSA lessons.	Change into swimmers half way through lunch. Bring towel, goggles, water bottle and apply sunscreen
4 - 10	Meet in bus bay half lunch; get your name marked off for either Sawtell or Park Beach	Change into swimmers half way through lunch. Bring towel, goggles, water bottle and apply sunscreen.
11	Meet in the canteen at the end of lunch in Homerooms. All Year 7 and 8 will participate in the school Cross Country run today.	Wear school sports uniform; hat, water bottle.